

Welcome to Race Day 2017!

How race day unfolds...

8:00 a.m. Banff Recreation Grounds open.

Bib pick up to 10:15 a.m. Pins are available.

T-shirt and voucher pick up. **Be sure to pick up your shirt and vouchers before the race for two reasons...ONE: you avoid the line ups after the race and TWO...you will have your beverage ticket "in hand" to redeem right after you finish your race!**

8:30 a.m. Shuttle buses begin Banff Ave pickups, drop off at the Town Hall, down town area. Last pick up on Banff Ave for the shuttle buses will be 10:15 a.m.

9:00 a.m. Banff Rec Grounds, sound system will begin announcements.

9:45 a.m. Aerobic warm up on the center stage.

10:10 a.m. Runners for the 5k and 10k events make their way to the start line on Sundance Road, for a self-seeded start.

10:30 a.m. Gun goes off for the 5k and 10k events.

10:33 a.m. Runners for the 21k event make their way to the start line on Sundance Road, for a self-seeded start.

10:40 a.m. Gun goes off for the 21k event.

10:47 a.m. and onwards, runners will cross the finish line and receive their finishers commemorative medal.

10:47 a.m. and onwards. **Visit the SPORTSTATS tent** to scan your bib for quick paperless results. Runners will be able to receive all their stats within 5-7 minutes after crossing the finish line.

11:30 a.m. and onwards, draw prizes and music by SUDS

**Be sure that the tear-off prize coupon from your bib goes into the draw box
on the main stage**

MEDAL PRESENTATION for FIRST, SECOND and THIRD PLACE FINISHERS

We want all the runners who finish first, second or third in their age categories to be present to receive their medal for placing. We ask these people to approach the stage at awards time so that we can acknowledge the winners and ensure the best and quickest presentation possible.

Times listed below are approximate.

Approximately...11:30 a.m. 5K medal presentation

Athletics Alberta medals for the OVERALL first, second and third place finishers of the 5k event.

Age category commemorative Melissa's Road Race medals for first, second and third in each of the 9 age categories, male and female

Approximately...12:30 p.m. 10K medal presentation

Athletics Alberta medals for the OVERALL first, second and third place finishers of the 10k event.

Age category commemorative Melissa's Road Race medals for the first, second and third in each of the 8 age categories, male and female

Approximately...1:15 p.m.

Athletics Alberta medals for the OVERALL first, second and third place finishers of the 21k event.

Age category commemorative Melissa's Road Race medals for the first, second and third in each of the 8 age categories, male and female

1:30 p.m. Last call for t-shirt pick up

1:45 p.m. Bag check will close. Any unclaimed bags will be sent to the restaurant for pick up there **after 5 p.m.**

2:00 p.m. Last call for the Big Rock Beer gardens